

Department of Gender Studies
Faculty of Behavioral and Social Sciences
University of the Punjab, Lahore
Course Outline



Program	BS Gender Studies	Course Code		Credit Hours	
Course Title	Introduction to Social Work & Social Welfare				
Course Introduction					
<p>This course is designed to provide students with a foundational understanding of Social Work as an academic discipline and a practice-based profession. It explores the field of Social Work within the broader context of social sciences, focusing on addressing social problems and developing effective interventions. The course covers the essential principles, methods, and historical development of Social Work and Social Welfare, emphasizing their importance in meeting the needs and challenges of various societal groups. Additionally, it explores contemporary trends, ethical considerations, and the role of Social Work in promoting social justice and human rights.</p>					
Learning Outcomes					
<p>On the completion of the course, the students will:</p> <ol style="list-style-type: none"> 1. Understand fundamental principles and ethical foundations of Social Work and Social Welfare. 2. Apply diverse methods of social work practice to address contemporary societal challenges. 3. Analyze historical and current trends in Social Welfare, including policy impacts. 4. Integrate multidisciplinary approaches for holistic social work interventions. 5. Critically evaluate social welfare structures, policies, and their effectiveness in promoting social justice. 					
Course Content				Assignments/Readings	
Week 1	<p style="text-align: center;">Unit-I</p> <p style="text-align: center;">1.1 Introduction to Social Work</p> <p style="text-align: center;">1.1.1 Definition and scope of social work</p> <p style="text-align: center;">1.1.2 Philosophical and ethical foundations</p>				
Week 2	<p style="text-align: center;">Unit-II</p> <p style="text-align: center;">2.1 Basic principles of social work</p>				

Week 3	Unit-III 3.1 Professional & Voluntary Social Work	
Week 4	Unit-IV 4.1 Islamic Perspective on Social Work	
Week 5-6	Unit-V 5.1 modern Concepts in Social Work 5.1.1 Preventive approaches 5.1.2 Curative interventions 5.1.3 Rehabilitative strategies 5.1.4 Empowerment and advocacy 5.1.5 Sustainable development goals and social work	
Week 7-8	Unit-VI 6.1 Social Work Methods (Primary) 6.1.1 Social Case Work 6.1.2 Social Group Work 6.1.3 Community Organization and Development	
Week 9	Mid Term Exam	
Week 10-11	Unit-VII 7.1 Social Work Methods (Secondary) 7.1.1 Social Research 7.1.2 Social Welfare Management (Administration) 7.1.3 Social Action 7.1.4 Policy Practice and Analysis	
Week 12	Unit-VIII 8.1 Multidisciplinary Approaches 8.2 Evidence-Based Practice	
Week 13	Unit-II 9.1 Concepts & Definitions in Social Welfare 9.1.1 Functional definitions	

	<p>9.1.2 Descriptive definitions</p> <p>9.1.3 Comparative analysis of social welfare concepts</p>	
Week 14	<p>Unit-X</p> <p>10.1 Relationship between Social Welfare & Social Work</p> <p>10.1.1 Interdependence and distinctions</p> <p>10.1.2 Collaborative models of practice</p>	
Week 15	<p>Unit-XI</p> <p>11.1 Historical Development of Social Welfare in Pakistan</p> <p>11.1.1 Colonial period and early initiatives</p> <p>11.1.2 Post-independence developments</p> <p>11.1.3 Evolution of social welfare policies</p>	
Week 16-17	<p>Unit-XII</p> <p>12.1 National Social Welfare Policies in Pakistan</p> <p>12.1.1 Social welfare plans of 1955, 1988, and 1992</p> <p>12.1.2 Social welfare policy of 1994</p> <p>12.1.3 Contemporary social protection nets and programs</p> <p>12.1.4 Critical evaluation of current policies</p>	
Week 18	Final Term Exam	
Textbooks and Reading Material		
<ol style="list-style-type: none"> 1. Kirst-Ashman, K. K. (2017). <i>Introduction to social work and social welfare: critical thinking perspectives</i>. Boston: Cengage learning. 2. Zastrow, C.H. (2013). <i>The practice of social work: a comprehensive worktext</i>. Belmont: Cengage learning. <p><i>Suggested Readings</i></p> <ol style="list-style-type: none"> 1. Baldock, J. et al. (2003). <i>Social policy</i>. Oxford: Oxford University Press. 		

2. Blau, J & Abromovitz, M. (2010). *Dynamics of social welfare policy*. New York: Oxford University Press.
3. Rahmatullah, S. (2000). *Social welfare in Pakistan*. Karachi: Oxford University Press.

Teaching Learning Strategies

1. Presentations
2. Lectures
3. Assignments
4. Q/A sessions

Assignments: Types and Number with Calendar

- 1.
- 2.
- 3.
- 4.

Assessment

Sr. No.	Elements	Weightage	Details
1.	Midterm Assessment	35%	Written Assessment at the mid-point of the semester.
2.	Formative Assessment	25%	Continuous assessment includes: Classroom participation, assignments, presentations, viva voce, attitude and behavior, hands-on-activities, short tests, projects, practical, reflections, readings, quizzes etc.
3.	Final Assessment	40%	Written Examination at the end of the semester. It is mostly in the form of a test, but owing to the nature of the course the teacher may assess their students based on term paper, research proposal development, field work and report writing etc.

